



Hey parents! Happy June! Can you believe summer is here already? You're probably busy trying to enjoy the beautiful weather outside, so we'll keep this brief so you can get back to it.

## WHAT WE'RE TEACHING



### BLAST OFF: A 4-PWEEK SERIES ON SPIRITUAL HABITS SERIES OVERVIEW:

If you're a grown-up and you've been following Jesus for a while, you've probably figured out a few ways to grow spiritually. The kids you're parenting or leading, on the other hand, aren't grown-ups, so they might need a little help from you to figure out how, exactly, to grow spiritually. So what should spiritual growth look like for a kid? We like to think about it in terms of four spiritual habits. To help a kid grow spiritually, teach them to spend time with God, spend time with others, use their gifts, and share their story.

[DOWNLOAD THE PRESCHOOL PARENT GUIDE](#)

[DOWNLOAD THE ELEMENTARY PARENT GUIDE](#)

## TIP OF THE MONTH

When's the last time you told your kid about your journey of faith? Have you ever told them what you thought about God when you were their age, or when you first heard about Jesus? Do you talk with them about who God is to you today? If it's been a while, start that conversation with your kid this month. Tell them your story of faith for two reasons: 1) Because it will help your kid's faith grow. 2) Because it will help your faith grow too

## RESOURCE OF THE MONTH



If you're looking for more help when it comes to leading your kids spiritually, [check out this book by Natalie Frisk](#). It's called Raising Disciples, and it's a good one! Amanda has a copy if you would like to borrow it 😊

## QUESTION OF THE MONTH

On a scale of 1-5, how helpful are these emails? We'd love to hear from you. Just hit Reply on this email. Then rate it! Give us a 1 if you hate them and a 5 if you love them.